



2020



Roller Hockey

The **Regular Game** Season will begin on Sunday, January 05 with 8 regular season games and 2 playoff games. Some practice sessions will be scheduled as needed.

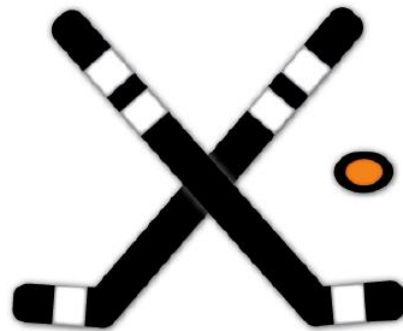
Game schedule:

- Sundays 6:30, 7:30
- Mondays 6:30, 7:30

Required Equipment:

- Helmet w/face shield
- Stick
- Roller blade skates
- Gloves
- Shin guards that cover the knee

No pucks – a ball will be used for all games and practices



Valarena
000

Ages 6 – 16

Cost \$120

For more information, visit the rink website at www.valarena.com or email

Jason McDermott

mcdermottjas@gmail.com

Fred Knepshield

fred@valarena.com

Valarena Roller Rink
320 18th Street
North Apollo, PA 15673
724-478-3065